

# February 2018

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 Foot Health <b>LUNCH 12.30pm</b> Cottage Pie £4.50	2 <b>LUNCH 12.30pm</b> Creamy Mustard Pork with greens £4.50	3	4
5 Beautician Craft Afternoon <b>TEA AND CAKES 3pm</b>	6 Tai Chi Bowen	7 Games Night	8 Foot Health	9 <b>LUNCH 12.30pm</b> Pesto-stuffed Chicken with rocket salad £4.50	10	11
12 Beautician	13 Tai Chi <b>LUNCH 12.30pm</b> Jacket Potatoes choice of fillings £4.50 Pancakes 3pm	14 <b>Valentines Day</b> <b>LUNCH 12.30pm</b> <b>DINNER 7.30pm</b> Special Menu	15 Foot Health	16 <b>COFFEE MORNING</b> 10.30am—12noon <b>Lunch 12.30pm</b> Lamb and root Stew £4.50	17	18 <b>Private Party 2pm</b>
19 Beautician	20 Tai Chi Bowen	21 Games Night <b>LUNCH 12.30pm</b> Mighty Meatzza & salad £4.50	22 Foot Health <b>LUNCH 12.30pm</b> Butterflied Balsamic Chicken £4.50	23	24	25 <b>LUNCH 12.30pm</b> Roast Chicken £10
26 Beautician	27 Tai Chi <b>LUNCH 12.30pm</b> Greek-style Placie Plaki £4.50	28 Games Night				