

2017

NOVEMBER

MONDAY

CALENDAR YEAR

CALENDAR MONTH

FIRST DAY OF WEEK

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30	31	01 Games Night 7:30 pm	02 Foot health appointments Keep fit 9:30 am LUNCH 12:30 pm. Braised lamb shank £4.50	03 LUNCH 12:30 pm. Chicken and mango korma with rice £4.50.	04 BONFIRE NIGHT 7 pm. Bangers and mash £8	05
06 Beautician appointments Craft afternoon 2-4 pm. TEA & CAKE 3 pm	07 Tai Chi 10:30-11:30 am LUNCH 12:30 pm Garlicky prawns and noodles £4.50	08 Games Night 8pm EVENING 6:30 pm Mac'n'cheese £4.50	09 Foot health appointments Keep fit 9:30am	10	11 REMEMBRANCE DAY 10am Bacon sandwiches £2, 2-minute silence 11 am.	12
13 Beautician appointments	14 Tai Chi 10:30-11:30 am Bowen appointments LUNCH 12:30 pm Beef and Guinness pie £4.50	15 Games Night 8pm	16 Foot health appointments Keep fit 9:30 am LUNCH 12:30 pm. Chicken chasseur £4.50	17 FILM NIGHT 7 pm. £2	18 EVENING 6:30 pm Baked stuffed conchiglioni £4.50	19
20 Beautician appointments	21 Tai Chi 10:30-11:30 am LUNCH 12:30 pm Piri Piri lamb with rice salad £4.50	22 Games Night 8 pm	23 Foot health appointments Keep fit 9:30 am LUNCH 12:30 pm. Sweet and sour pork with noodles	24 EVENING 6:30 pm Salmon, crusted potatoes £4.50	25	26 SUNDAY LUNCH 12:30 pm Roast lamb £10
27	28	29	30	01	02	03

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beautician appointments	Tai Chi 10:30-11:30 am Bowen appointments LUNCH 12:30 pm chicken with spicy bean salad £4.50	Games Night 8 pm LUNCH 12:30 pm Sausage stew £4.50	Foot health appointments Keep fit 9:30 am EVENING 6:30 pm. Beefburgers and chips £4.50			

2017

DECEMBER

MONDAY

CALENDAR YEAR

CALENDAR MONTH

FIRST DAY OF WEEK

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	01	02	03
04	05	06	07	08	09	10
11 CHRISTMAS TREE DECORATING Come and help, from 2 pm	12	13	14	15 CAROLS AROUND THE TREE 7 pm. Mulled wine and mince pies.	16	17 CHRISTMAS SUNDAY LUNCH 12:30 Roast Turkey
18	19	20	21	22 CHRISTMAS PARTY from 7.30 pm.	23	24
25	26	27	28	29	30	31 NEW YEARS' EVE from 8 pm. Finger buffet and champers
01	02	03	04	05	06	07